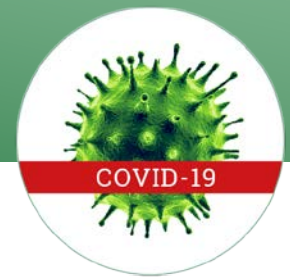


Using a fabric face mask



Dear patients,

The most important thing that we can do in the current coronavirus crisis is that we act to help prevent the further spread of the virus. To help you with this, you will shortly receive a fabric face mask from our staff.

As you know, transmission of the coronavirus occurs primarily via droplets which may come into contact with the mucous membrane of another person e.g. when speaking, coughing or sneezing. Wearing a face mask will protect you and the people near you.

Please wear the face mask

- during your journey to your dialysis treatment and when returning home
- when entering the kidney treatment centre
- during the dialysis treatment, if possible.

The nursing staff will show you how to use this correctly.

The face mask is made out of 50 % cotton and 50 % polyester and is 2-ply with an elasticated outer edge. An integrated nose piece ensures that the mask is close-fitting.

The correct use of the face mask is equally as important for the protective function of the face mask as its correct fitting so please observe the following:

- Before wearing the face mask for the first time please wash (normal wash cycle at 30°C to 60°C)
- Before you set off for your treatment, put on the face mask as shown.
- If you take the face mask off in the kidney treatment centre, make sure that you do not touch the outer side. Disinfect your hands after touching it.
- If you take the face mask off at home, make sure you do not touch the outer side of the mask.
- When you take the face mask off ensure the inner side does not come into contact with other surfaces and becomes contaminated (place outer side facing downwards).
Alternatively, hang it in a protected and dry place.
- Only place the mask on clean surfaces.
- Place face mask so that
 - it can dry
 - it is protected from becoming dirty
 - it is away from anyone else touching it
- Only you should wear your face mask.

- If the mask becomes very moist or dirty, wash it.
- Wash the mask at least twice a week.
- Wash at a minimum of 60° C.
- If the face mask is washed at lower temperatures, wash with a disinfectant (e.g. Ultrana Ultra Fresh disinfectant laundry detergent, Sagrotan laundry detergent). Follow the temperature and dosage instructions of the detergent manufacturers.
- Hang the face mask up to dry (do not hang up to dry with pegs on elasticated outer)

How to wear:



Image source:

Product information "Reusable TRIGEMA face mask"